

CERTIFICATE OF PARTICIPATION

This is to certify that

Carmen Mcdiarmid

Has successfully participated & completed the

4km Eastern Nights Trail Run

held at The Lake Club, Benoni.

TIME 00:31:24

PACE 07:51/km

OVERALL 39 of 73

GENDER 13 of 38

OPEN 6 of 15

01 August 2019, Thu

Date



BoutTime

Signature

